

PROJECT LAUNDRY LIST

Track Your Savings

One of the most important things you can do to help demonstrate the success of our movement is to use our calculator. At this point in time, we have an Excel calculator that is available on the home page of our website at:

<http://www.laundrylist.org/media/ClothingCareCost.xls>

We hope very soon to have new tools for showing how much water, electricity and gas are saved by our supporters doing their laundry in greener ways. In fact, you will also be able to track other activities that we suggest like:

- Close doors and windows to give your room air-conditioner a break.
- Turn your water heater dial to 120 degrees to keep your energy bills low – and reduce the risk of scalding.
- Enjoy easy energy savings with a push of a button and your new programmable thermostat.
- Use fans instead of your central A/C on cool summer nights.
- Turn your thermostat down just two degrees in the winter to stay comfortable and save money.
- Leave your car at home and take the bus once a week for work, school or errands.
- Keep your fireplace damper closed shut!
- Take shorter showers for squeaky-clean energy savings.
- Flip off lights and unplug appliances when not in use to stop unnecessary electricity use from feeding your utility bill.
- Install a low-flow showerhead for effortless savings that don't impact your comfort.
- Replace incandescent bulbs with compact fluorescent light bulbs. CFLs look great, use

- less energy, and last seven to ten times longer.
- Drive the speed limit and maintain tire pressure for easy gas savings.
- Recycle the basics – newspapers bottles and cans – to reduce your home's environmental impact and keep usable materials out of landfills.
- Turn your central air conditioning up just two degrees to stay comfortable and save money.
- Use plastic window kits to keep your home nice and cozy in the winter.
- *Have fun and save money!*

We shrink the margins to save paper!

Calculator

You may also want to see <http://michaelbluejay.com/electricity/howmuch.html>.



The cost of natural gas and electricity can be found at <http://www.eia.doe.gov>.

The following assumptions are used by the federal government:

Clothes Washer	(# of loads/week)*(52 weeks/yr) *(0.375 kWh/load)
Clothes Dryer Electricity	Electric Dryer= (# of loads/week)*(52 weeks/yr)*(4 kWh/load) Gas Dryer=(# of loads/week)*(52 weeks/yr)*(0.23 kWh/load)
Clothes Dryer Gas Energy	(# of loads/week)*(52 weeks/yr) *(0.22 therms/load)

Source: Sanchez, Marla C., Miscellaneous Electricity Use in U.S. Residences. MS Thesis, University of California, Berkeley. June 1997.



We want to thank the Minnesota Energy Challenge for developing a keen tool. The list of activities here was taken from their calculator. If you are from the state with all those nice people, sign up at <http://www.mnenergychallenge.org>.